

Clinic for Forensic Psychiatry and Psychotherapy at Klinikum Bremen Ost

## Information for visitors





### Dear visitors, dear relatives,

We are pleased you are visiting our Clinic! Visits are very important for our patients.

They allow social contacts to be retained, encouraged or also developed. You as a relative or friend frequently provide important support during the therapy and also afterwards. Your visits create a connection to life outside the Clinic.

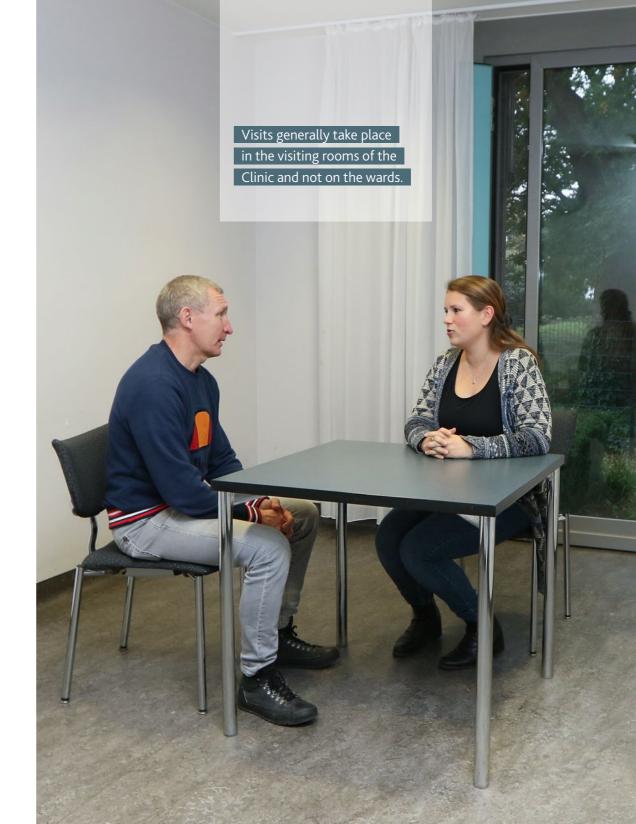
However, hospital treatment orders are subject to special security standards, which is why we want to ask you to comply with the following rules.

If you have any questions, please ask.

# **Rules for visitors**

- The instructions of Clinic staff must be followed at all times.
- Patients must register visitors on the wards one week in advance with their full name and the desired visiting time. Unannounced visits cannot be permitted.
- All visitors must produce valid official identification (ID card, passport, driving licence or similar).
- You and all the objects you bring with you will be checked on arrival. If you refuse these checks, the visit will not take place.
- Each patient may be visited by a maximum of two people per visit.
- Patients must apply for visits made by children (people under the age of 18) in advance. Child visits take place during separate visiting hours. Children must be accompanied by a parent or guardian during visits.
- Visits generally take place in the visiting rooms of the Clinic and not on the wards.
- Smoking is prohibited in all visiting rooms. There is no possibility to smoke during visits.

- Intimate bodily contact and sexual acts are not permitted.
- Visitors under the influence of alcohol and/or drugs will be refused entrance, as will visitors who act in an aggressive or threatening manner.
- Please respect the privacy of all patients and visitors during visits. For capacity reasons, it may be necessary for several patients to be in one room with their visitors at the same time. In this case, everyone concerned is requested to act with the necessary consideration for each other and to talk at an appropriate volume.
- Please comply with the applicable rules or we will have to break off the visit.



# The course of visits

- 1. You report to the employees at the gate in good time for the visit and inform them whom you would like to visit. All visitors must be registered in advance.
- 2. You enter the security gate, hand over your ID and will receive visitor ID. Please wear this ID on your clothing so it is clearly visible.
- 3. You and all the objects you bring with you will be checked. Your personal possessions will be locked in a safe for the duration of the visit.

### (See checks)

- 4. After the checks you will go into the waiting room until an employee from the ward collects you and takes you to the visiting room.
- Now, you can spend the time with your relative until the end of the visiting time. You can, however, end the visit prematurely. To do this, contact the employees at the gate via the intercom.
- 6. After the visit, an employee from the ward will bring you back to be gate. There, you will collect your possessions from the safe, hand in your visitor ID and your ID will be returned to you.

Each ward has its own visiting hours, which change every quarter. Please ask about these on the relevant ward or ask the patient directly. Visits may be restricted or prohibited within the scope of legal provisions. In certain cases there may be acoustic and/or visual monitoring of visits.



### CHECKS

The bag and personal checks will be carried out using a metal detector and scanning equipment or with a hand detector and/or frisking. Visitors are obliged to show the gate staff all the objects they have brought with them. It is essential that you comply with the list of prohibited objects.

Only bring to the Clinic those items you really need for the visit. The less we have to check, the more time you will have for your visit. You can lock your personal things (mobile phone, wristwatch, wallet/purse, handbag, backpack etc.) in a safe at the gate. You will keep the key during your visit. The Clinic cannot accept any liability for the contents of this safe.

### Prohibited or non-permitted objects:

- Weapons and objects that can be used as weapons
- Tools of all kinds, pocket knives
- Any form of illegal addictive substances, drugs and alcohol
- Medicines, including over-the-counter substances
- Cigarettes and tobacco
- · Mobile telephones

- Photographic equipment, cameras and other recording equipment
- Storage media such as USB-sticks and SD-cards
- Cash must not be handed over but must be paid or transferred directly into the patient's account.
- Foods that contain alcohol
- Foods that requires refrigeration (Chilled and frozen food)
- Food prepared outside the Clinic (such as home-cooked food, homebaked food, fast-food or kebabs)
- Any forms of glass (Bottles, receptacles, packaging)
- Cans such as tinned food or drink cans
- Energy drinks, food supplements, protein powder and similar
- Explosive/easily flammable substances and liquids
- Pornographic documents and images and/or those that glorify violence

Not everything can be mentioned in this list because a forensic clinic partly has to react to current incidents or make a decision according to the situation. At this point we would ask you to appreciate this.

For this reason, please follow the information given by the employees in addition. Any breach of these regulations can lead to a ban on visits or on entering the Clinic. In addition, if addictive substances are brought in, the Clinic reserves the right to file a criminal complaint in accordance with section 323b StGb (endangering withdrawal treatment) against the visitor.





Clinic site. You can go for a walk together

With these instructions we want to make

your visit to us as pleasant as possible

and prevent any misunderstandings so

that you can continue to enjoy visiting

in the Clinic park.

your relative.

### One shopping bag (max. dimensions 60x40cm) may be brought with the following contents:

- Only food sealed in the original packaging with a use-by date of at least three months. All the ingredients of the food must be printed on the packaging in German.
- Clothing
- Electrical devices if the patient has an approved application for the relevant device
- CDs and DVDs in the original packaging (max. FSK/Cert. 16)

Items for patients may only be brought or handed in during the visiting hours on the relevant ward. Please note the special regulations for the acute and admission ward (Ward 15a).

Excessive items brought in and all things that do not comply with the Clinic rules must be taken away again by visitors. Please bear in mind that patients receive three meals a day and also have the possibility to shop in the kiosk in the Clinic.

If your relative has been granted the corresponding relaxation of rules, we would greatly welcome it if you meet on the

# *Do you have any questions?* Contact

If you have any questions, please contact the relevant ward, the contact for relatives or the Clinic gate. This can be particularly helpful before the first visit in order to disclose mutual expectations or also to deal with any worries. Within the scope of our duty of confidentiality, we will be pleased to help you at any time.

### CONTACT

Clinic Management/Secretarial Office 0421 408-2776 sekretariat.forensik@klinikum-bremen-ost.de

### Address:

Klinikum Bremen-Ost Haus 15/18 Züricher Straße 40 | 28325 Bremen

### Gate

0421 408-69096

### Wards

Ward 15a0421 408-1745Ward 15b0421 408-2824Ward 15c0421 408-2823Ward 15d0421 408-1769Ward 18a0421 408-67230Ward 18b0421 408-67250Ward 18c0421 408-67270Ward 9b0421 408-68926

### **Forensic Aftercare**

0421 408-1709

Contact for relatives 0421 408-2471



### Internet

https://www.gesundheitnord.de/klinikum-bremen-ost/ forensische-psychiatrie-und-psychotherapie.html



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